June 2023
Monthly Calendar

created with Sagely

Vista Gardens
A MEMORY CARE COMMUNITY

1863 Devon Pl
Vista, CA 92084
760-295-3900

- Emotional
- Intellectual
- Physical
- Purposeful
- Social

Community offers Transportaion for medical appointment every Thursday. please schedule between 9:00am-3:00pm

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9:00 Garden Walk 9:00 Sensory Corner 10:00 Arts & Crafts 1:00 Sing-A-Long 1:30 Dancing through the Decades 2:00 Building Blocks 3:00 Sit & Strech 3:30 Hand Massages & Aroma Therapy 5:00 Vista Gardens Cinema	**2** 9:00 Garden Walk 9:00 Sensory Corner 10:00 Arts & Crafts 1:00 Sing-A-Long 1:30 Dancing through the Decades 2:00 Building Blocks 3:00 Sit & Strech 3:30 Hand Massages & Aroma Therapy 5:00 Vista Gardens Cinema	**3** 9:00 Garden Walk 9:00 Sensory Corner 10:00 Arts & Crafts 1:00 Sing-A-Long 1:30 Dancing through the Decades 2:00 Building Blocks 3:00 Sit & Strech 3:30 Hand Massages & Aroma Therapy 5:00 Vista Gardens Cinema
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11 9:00 Garden Walk 9:00 Sensory Corner 10:00 Arts & Crafts 1:00 Sing-A-Long 1:30 Dancing through the Decades 2:00 Building Blocks 3:00 Sit & Strech 3:30 Hand Massages & Aroma Therapy 5:00 Vista Gardens Cinema	**12** 9:00 Garden Walk 9:00 Sensory Corner 10:00 Arts & Crafts 1:00 Sing-A-Long 1:30 Dancing through the Decades 2:00 Building Blocks 3:00 Sit & Strech 3:30 Hand Massages & Aroma Therapy 5:00 Vista Gardens Cinema	**13** 9:00 Garden Walk 9:00 Sensory Corner 10:00 Arts & Crafts 1:00 Scenic Drive 1:30 Dancing through the Decades 2:00 Building Blocks 3:00 Happy Hour 5:00 Vista Gardens Cinema	**14** 9:00 Garden Walk 9:00 Sensory Corner 10:00 Arts & Crafts 1:00 Sing-A-Long 1:30 Dancing through the Decades 2:00 Building Blocks 3:00 Sit & Strech 3:30 Hand Massages & Aroma Therapy 5:00 Vista Gardens Cinema	**15** 9:00 Garden Walk 9:00 Sensory Corner 10:00 Arts & Crafts 1:00 Sing-A-Long 1:30 Dancing through the Decades 2:00 Building Blocks 3:00 Sit & Strech 3:30 Hand Massages & Aroma Therapy 5:00 Vista Gardens Cinema	**16** 9:00 Garden Walk 9:00 Sensory Corner 10:00 Arts & Crafts 1:00 Sing-A-Long 1:30 Dancing through the Decades 2:00 Building Blocks 3:00 Sit & Strech 3:30 Hand Massages & Aroma Therapy 5:00 Vista Gardens Cinema	**17** 9:00 Garden Walk 9:00 Sensory Corner 10:00 Arts & Crafts 1:00 Sing-A-Long 1:30 Dancing through the Decades 2:00 Building Blocks 3:00 Sit & Strech 3:30 Hand Massages & Aroma Therapy 5:00 Vista Gardens Cinema
18 **Father's Day** 9:00 Garden Walk 9:00 Sensory Corner 10:00 Arts & Crafts 1:00 Sing-A-Long 1:30 Dancing through the Decades 2:00 Building Blocks 3:00 Sit & Strech 3:30 Hand Massages & Aroma Therapy 5:00 Vista Gardens Cinema	**19** 9:00 Garden Walk 9:00 Sensory Corner 10:00 Arts & Crafts 1:00 Sing-A-Long 1:30 Dancing through the Decades 2:00 Building Blocks 3:00 Sit & Strech 3:30 Hand Massages & Aroma Therapy 5:00 Vista Gardens Cinema	**20** 9:00 Garden Walk 9:00 Sensory Corner 10:00 Arts & Crafts 1:00 Scenic Drive 1:30 Dancing through the Decades 2:00 Building Blocks 3:00 Happy Hour 5:00 Vista Gardens Cinema	**21** 9:00 Garden Walk 9:00 Sensory Corner 10:00 Arts & Crafts 1:00 Sing-A-Long 1:30 Dancing through the Decades 2:00 Building Blocks 3:00 Sit & Strech 3:30 Hand Massages & Aroma Therapy 5:00 Vista Gardens Cinema	**22** 9:00 Garden Walk 9:00 Sensory Corner 10:00 Arts & Crafts 1:00 Sing-A-Long 1:30 Dancing through the Decades 2:00 Building Blocks 3:00 Sit & Strech 3:30 Hand Massages & Aroma Therapy 5:00 Vista Gardens Cinema	**23** 9:00 Garden Walk 9:00 Sensory Corner 10:00 Arts & Crafts 1:00 Sing-A-Long 1:30 Dancing through the Decades 2:00 Building Blocks 3:00 Sit & Strech 3:30 Hand Massages & Aroma Therapy 5:00 Vista Gardens Cinema	**24** 9:00 Garden Walk 9:00 Sensory Corner 10:00 Arts & Crafts 1:00 Sing-A-Long 1:30 Dancing through the Decades 2:00 Building Blocks 3:00 Sit & Strech 3:30 Hand Massages & Aroma Therapy 5:00 Vista Gardens Cinema
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Resident Birthdays

Lillian K.	6/7
Margarita H.	6/13
Constance M.	6/17
Marion G.	6/20
Marjorie H.	6/23
Johnny J.	6/24
Gisela F B.	6/26
Marie E.	6/26
Charlotte W.	6/26

"Gaze upward, look inward, reach outward, press forward."

— Thomas S. Monson