# VISTA GARDENS NEWSLETTER



### OCTOBER 2022



## Message from our Director:

Happy Fall ya'll! Vista Gardens is proud to present our newsletter and calendar for this spooky season. Please join us at our fun events such as our Walk4ALZ, autumn crafts, and entertainers! Although it is fall, San Diego stays hot so we will be encouraging hydration with "monster mocktails" and our usual water stations.

Don't forget to give a warm welcome to our new residents!

Arthur W. Robert D. and Bill B.



The caring staff at Vista Gardens will be attending both local walks to bring awareness, support, and resources to those in need. We have created 2 team pages for donations that do not go to VG but to those associations. You may donate or join us at the walk, we would love to see you there!

Walk 4 ALZ

Alzheimer's San Diego

October 15<sup>th</sup> at 8:00am

Balboa Park, San Diego

Donation/Team Page:

https://alzsd.rallybound.org/ WALK4ALZ2022/VGMC4ALZ 1863 Devon Place, Vista CA 92084

> <u>VG</u> <u>Management:</u>

760-295-3900

**Executive Director** 

Rachel McIntyre

Staff Manager

Easter Sialoi

**Business Manager** 

Karina Tellez

**Marketing Director** 

Wayne Lilly

**Activity Director** 

**Erin Clements** 

Maintenance Coordinator

Anthony Stewart

**Culinary Director** 

Sid Hilarides

Events to scream about!

October 4th & 18th- Margie on Piano at 3pm

October 5th- Ladies Tea & Teacher Appreciation at 2pm

October 6th- Monster Mocktails & Trivia at 2pm

October 7th- Peter Seltzer at 2:30pm

October 11th- Veterans Lunch at 11am

& Pumpkin Painting at 2pm

October 12th & 26th- Kerry Powel at 3pm

October 13th- Erin's Therapy Cat at 2pm

October 14th- Rosemarie on Piano

& Navy Appreciation at 3pm

October 15th- Walk4ALZ Balboa Park

October 16th- Resident Birthday Party at 3pm

October 17th & 23rd- Therapy Dog at 1pm

October 18th- History Guy at 10am

October 19th- Men's Club at 2pm

October 20th- Danny Gali at 3pm

October 21<sup>st</sup>- Monster Mocktails at 2pm & Employee Costume parade/Contest at 3pm

October 25th- Stories with Walter at 2pm

October 27th- Laurie Lewis at 3pm

October 28<sup>th</sup>- Trick or Treat with North Coast Church at 2pm in Garden

October 30th- Candy Corn Toss

October 31st- Pumpkin Crafts at 2pm

# HAPPY BIRTHDAY VG RESIDENTS:

Bill J 10/07

William N 10/24

**Daniel R 10/26** 

**Elaine C 10/29** 

Kathy D 10/29

**Joanna J 10/31** 

Linda S 10/31

HAPPY BIRTHDAY VG STAFF:

**Miracle T. 10/01** 

Josephine S. 10/04

Sheila N. 10/13

### **Employee of the Month: Melissa**

Melissa was born and raised in Escondido and now lives in Murrieta with her 4 year old son Ryder. Growing up, she loved to ride dirt bikes; hints her sons name. She has been a Medical Technician at Vista Gardens for almost 3 years. Her favorite thing about VG is the relationships with her coworkers and residents.

#### **Resident Highlight: Melvin AKA Skip**

Skip was born and raised here in San Diego! After serving in the United States Airforce, Skip became an electrician for the US Department of Defense for 25 years. Skip was married to Karen for 38 years and had two daughters: Katrina and Kimberly. In his free time, Skip enjoyed building his very own 1940 Sedan and watching spots like baseball. At Vista Gardens, Skip enjoys watching baseball, listening to classic rock, and discussing sports over meals. VG loves you Skip!

# Photos to die for!





























